



# WEEKEND PROGRAM: NIGHT LIFE



The Night Life program is an evening program designed for teenagers and young adults to explore the community, increase their independence and form new friendships. It takes place on alternate Saturdays during the term. By creating a fun and supportive environment, participants can push themselves outside of their comfort zone to reach their goals.

## **Goals of the Weekend Wanderer's program include:**

- Increase independence
- Promote community involvement
- Make new social connections
- Participate in new activities
- Increase confidence using public transport